



VOCAL WELLBEING WORKSHOP FOR NQTs

Vocal problems greatly affect pupil listening, learning and behaviour. Teachers can continue to struggle with a voice problem, and absence due to voice loss can stretch into weeks and months costing the school on several levels. There is still little or no vocal training in undergraduate or postgraduate teacher training.

The Vocal Wellbeing Workshop for NQTs is offered as a 2-hour course. Contents include:

- Producing the voice you need - breath, resonance, articulation
- Warm-ups and relaxation exercises for your voice
- Vocal care and preservation – habits, Irritants and environmental factors
- Voice toolkit for the classroom – varying your voice
- Other communication strategies for the classroom

Workshops can be tailored to your requirements:

- Daytime or evening
- £75.00 per hour
- Held at your school (or The Albany Centre, St Albans)



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